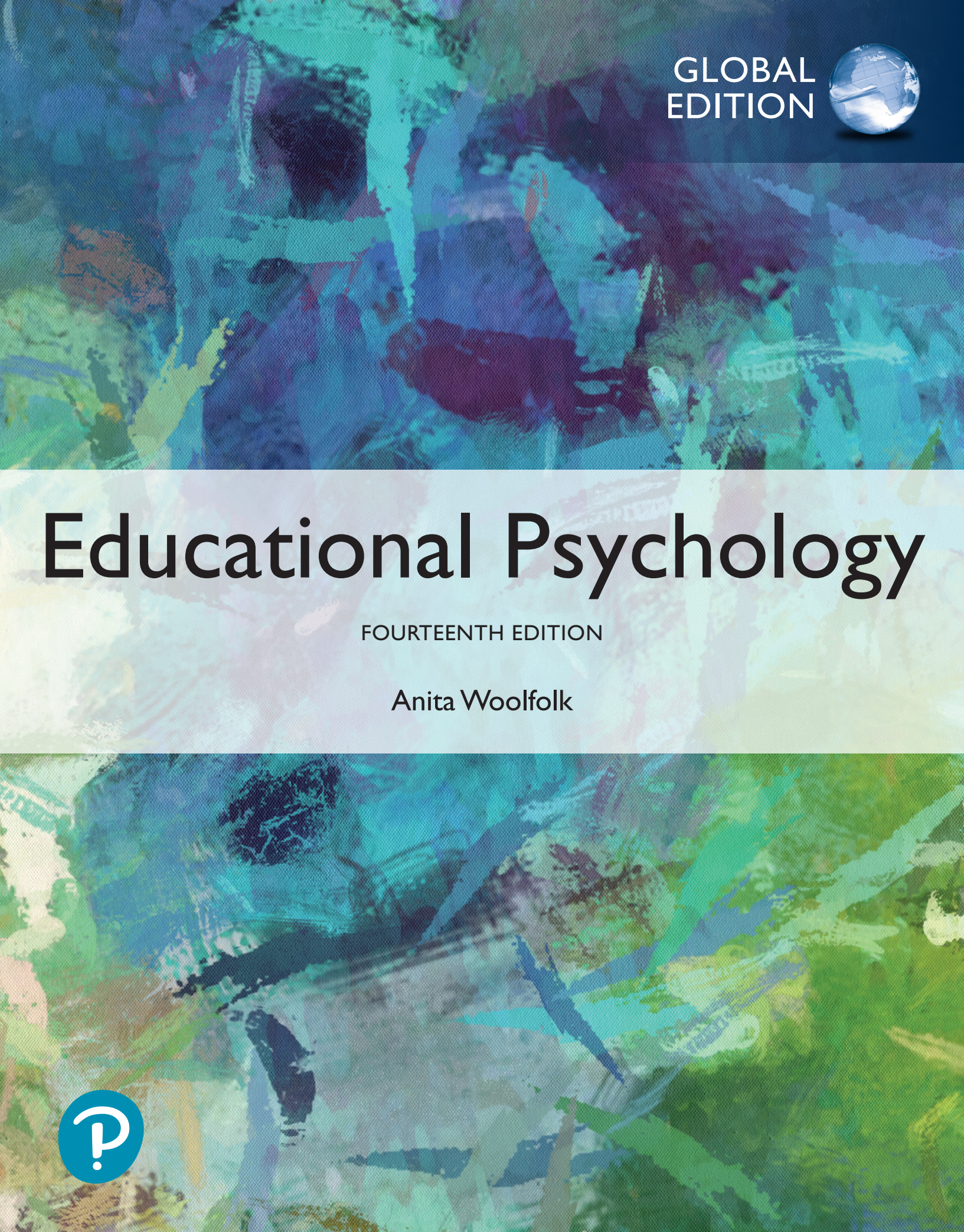


Educational Psychology

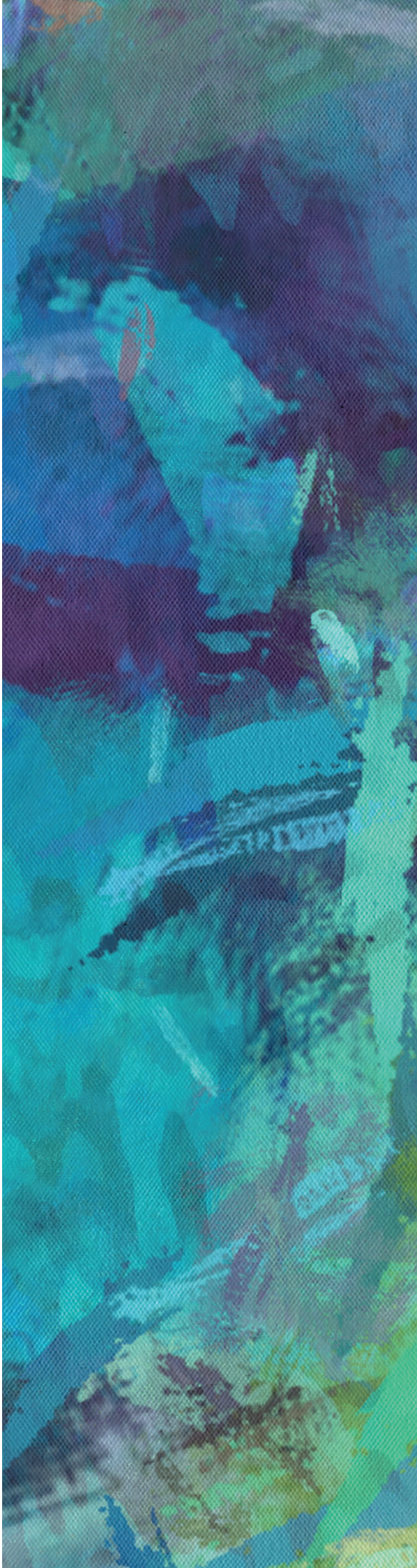
FOURTEENTH EDITION

Anita Woolfolk

EDUCATIONAL PSYCHOLOGY

FOURTEENTH EDITION
GLOBAL EDITION

ANITA WOOLFOLK
THE OHIO STATE UNIVERSITY, EMERITA



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To my husband,

Wayne K. Hoy

A remarkable scholar,
A demanding and caring mentor,
A dedicated father and grandfather,
And a wonderful companion in life.

The best is yet to be…

ABOUT THE AUTHOR

So you will know your author a bit better, here is some information.

Anita Woolfolk Hoy was born in Fort Worth, Texas, where her mother taught child development at TCU and her father was an early worker in the computer industry. She is a Texas Longhorn—all her degrees are from the University of Texas, Austin, the last one a PhD. After graduating, she was a psychologist working with children in elementary and secondary schools in 15 counties of central Texas. She began her career in higher education as a professor of educational psychology at Rutgers University, and then moved to The Ohio State University in 1994. Today she is Professor Emerita at Ohio State. Anita's research focuses on motivation and cognition, specifically, students' and teachers' sense of efficacy and teachers' beliefs about education. For many years she was the editor of *Theory Into Practice,* a journal that brings the best ideas from research to practicing educators. With students and colleagues, she has published over 150 books, book chapters, and research articles. Anita has served as Vice-President for Division K (Teaching & Teacher Education) of the American Educational Research Association and President of Division 15 (Educational Psychology) of the American Psychological Association. Before completing this fourteenth edition of *Educational Psychology,* she collaborated with Nancy Perry, University of British Columbia, to write the second edition of *Child Development* (Pearson, 2015), a book for all those who work with and love children.

PREFACE

Many of you reading this book are enrolled in an educational psychology course as part of your professional preparation for teaching, counseling, speech therapy, nursing, or psychology. The material in this text should be of interest to everyone who is concerned about education and learning, from the nursery school volunteer to the instructor in a community program for adults learning English. No background in psychology or education is necessary to understand this material. It is as free of jargon and technical language as possible, and many people have worked to make this edition clear, relevant, and interesting.

Since the first edition of *Educational Psychology* appeared, there have been many exciting developments in the field. The fourteenth edition continues to emphasize the educational implications and applications of research on child development, cognitive science, learning, motivation, teaching, and assessment. Theory and practice are not separated in the text, but are considered together. The book is written to show how information and ideas drawn from research in educational psychology can be applied to solve the everyday problems of teaching. To help you explore the connections between research and practice, you will find in these pages a wealth of examples, lesson segments, case studies, guidelines, and even practical tips from experienced teachers. As you read this book, I believe you will see the immense value and usefulness of educational psychology. The field offers unique and crucial knowledge to any who dare to teach and to all who love to learn.

NEW CONTENT IN THE FOURTEENTH EDITION

Across the book, there is increased coverage of a number of important topics. Some of these include:

- Increased coverage of the **brain, neuroscience, and teaching** emphasized in Chapter 2 and also integrated into several other chapters.
- Increased coverage of **the impact of technology and virtual learning environments** on the lives of students and teachers today.
- Increased emphasis on **diversity in today's classrooms** (see especially Chapters 1 to 6). Portraits of students in educational settings make diversity real and human for readers. In a number of chapters there are new exercises asking readers to "Put Yourself in Their Place" as a way to develop empathy for many students and situations.
- Increased coverage of effective application of learning principles as identified by the *Institute for Educational Sciences* (https://ies.ed.gov/ncee/wwc/PracticeGuide/1)

Key content changes in each chapter include:

- **Chapter 1:** My goal is that this text will provide the knowledge and skills that will enable students to build a solid foundation for an authentic sense of teaching efficacy in every context and for every student, so there is new information on the **Every Student Succeeds Act** (**ESSA**). Also, the section on research now includes **mixed methods** (complementary methods) (see Table 1.2) and **evidence-based practice**.
- **Chapter 2:** New information on the **brain** and **brain imaging techniques**, **synaptic plasticity**, **brain development in childhood and adolescence**, and **implications for teaching**. Also, there is greater critical analysis of Piaget's and Vygotsky's theories.

- **Chapter 3:** Updated section on **physical changes in puberty, cultural differences in play**, **childhood obesity**, **eating disorders** and the Web sites that promote them, **parenting**, **aggression**, **racial identity**, and **self-concept**.
- **Chapter 4:** New sections on **biases in labeling**, **neuroscience and intelligence**, **problems with learning styles**, **ADHD**, **student drug use**, **seizure disorders and other serious health concerns**, and **autism spectrum disorders**.
- **Chapter 5:** New information on **language development**, **emergent literacy, language diversity,** and **bilingual education**.
- **Chapter 6:** New coverage of **intersectionality**, **ethnicity and race**, **prejudice**, expanded coverage of **stereotype threat**, **gender, gender identity, sexual orientation,** and **creating culturally compatible classrooms.**
- **Chapter 7:** Expanded coverage **of ethical issues in behavioral approaches**, **reasons for classroom disruptions**, and **teaching implications** of behavioral learning.
- **Chapter 8:** Updated coverage of the **brain and cognitive learning**, **multitasking**, **working memory and cognitive load**, **concept teaching**, **desirable difficulty, effective practice**, and **teaching implications** of cognitive learning theories.
- **Chapter 9:** All new section on **teaching for complex learning and robust knowledge, updated discussion of metacognitive strategies, retrieval practice, worked examples, argumentation**, and **critical thinking**.
- **Chapter 10:** New sections on **designing learning environments, facilitating in constructivist classrooms, scaffolding, asking and answering deep questions**, and the **flipped classroom**. Updated discussion of **collaboration, learning in a digital world**, and **computational thinking**.
- **Chapter 11:** Updated coverage of **modeling**, **self-efficacy and agency**, **teacher efficacy**, **self-regulated learning**, and **emotional self-regulation**. New section on **grit**.
- **Chapter 12:** Chapter reorganized around **five broad themes** in motivation. Updated treatment of **expectancy-value-cost theory.** New section on **mindsets.** Updated material on **flow** and on the **TARGET framework for motivation**.
- **Chapter 13:** New sections on the role of **relationships, social skills, and mentoring in classroom management**. Updated material on **dealing with discipline problems**, **bullying and cyberbullying**, **restorative justice**, and **culturally responsive classroom management**.
- **Chapter 14:** Updated research on **teaching, homework**, and **teacher expectations** as well as new sections on **learning targets**, the **Common Core, asking deep questions,** and **giving feedback**.
- **Chapter 15:** New sections on **formative and interim assessment**, **guidance for using different types of test formats and rubrics**, and **assessing complex thinking.** Updated material on **discussing test results with families**, **controversies around high-stakes testing**, **value-added assessment**, and **PARCC and SBAC tests**.

A CRYSTAL CLEAR PICTURE OF THE FIELD AND WHERE IT IS HEADED

The fourteenth edition maintains the lucid writing style for which the book is renowned. The text provides accurate, up-to-date coverage of the foundational areas within educational psychology: learning, development, motivation, teaching, and assessment, combined with intelligent examinations of emerging trends in the field and society that affect student learning, such as student diversity, inclusion of students with special learning needs, education and neuroscience, educational policy, and technology.

MyLab for Education

The most visible change in the fourteenth edition (and certainly one of the most significant changes) is the expansion of the digital learning and assessment resources embedded in the etext. Designed to bring you more directly into the world of K–12 classrooms

and to help you see the very real impact that educational psychology concepts have on learning and development, these digital learning and assessment resources also:

- Provide you with practice using educational psychology concepts in teaching situations.
- Help you and your instructor see how well you understand the concepts presented in the book and the media resources.
- Help you more deeply think about and process educational psychology and how to use it as a teacher (and as a learning tool).

The online resources in MyLab for Education include:

- **Video Examples.** In almost all chapters, embedded videos provide illustrations of educational psychology principles or concepts in action. These video examples most often show students and teachers working in classrooms. Sometimes they show students or teachers describing their thinking or experiences.

MyLab Education
Video Example 2.1
The children in this video are learning something new about growth by observing a tadpole as it changes from day to day. They can assimilate the idea that the tadpole grows legs, but they need to accommodate their concept of growth to understand why the tadpole's tail gets smaller.

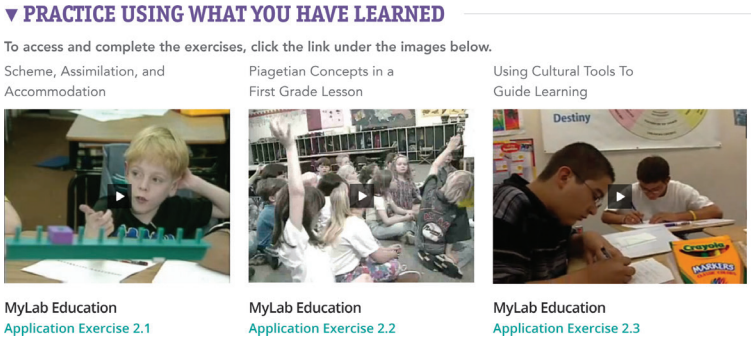
- **Podcasts.** In all chapters, AnitaTalks podcasts provide direct links to relevant selections from Anita Talks About Teaching, a series of podcasts in which Dr. Woolfolk discusses how the chapters in this text relate to the profession of teaching.

MyLab Education
Podcast 2.1
Listen as textbook author Anita Woolfolk talks about brain-based education. What does this mean? Are there some clear implications for teachers or is it still too early to say?

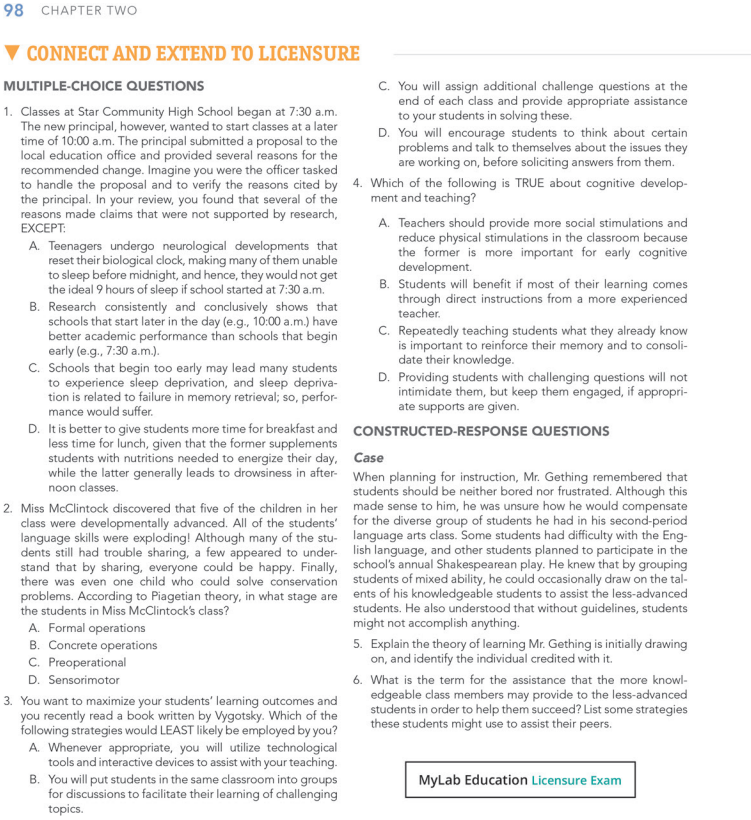
- **Self-Checks.** Throughout the chapters you will find MyLab for Education: Self-Check quizzes. There are four to six quizzes in each chapter, with one at the end of each major text section. They are meant to help you assess how well you have mastered the concepts covered in the section you just read. These self-checks are made up of self-grading multiple-choice items that not only provide feedback on whether you answered the questions correctly or incorrectly, but also offer with rationales for both correct and incorrect answers.

MyLab Education Self-Check 2.5

- **Application Exercises.** Also at the end of each major section, you can find one or two application exercises that can challenge you to use chapter content to reflect on teaching and learning in real classrooms. The questions you answer in these exercises are usually constructed-response items. Once you provide your own answers to the questions, you will receive feedback in the form of model answers written by experts.



- **Practice for Your Licensure Exam.** Every chapter ends with an exercise that can give you an opportunity to apply the chapter's content while reading a case study and then answering multiple-choice and constructed-response questions similar to those that appear on many teacher licensure tests. By clicking on the MyLab for Education hotlink at the end of a Connect and Extend to Licensure exercise, you can complete the activity online and get feedback about your answers.



- **Classroom Management Simulations.** In the left-hand navigation bar of MyLab for Education, you will be able to access interactive simulations that engage you in decision making about classroom management strategies. These interactive cases focus on the classroom management issues teachers most frequently encounter on a daily basis. Each simulation presents a challenge scenario at the beginning and then offers a series of choices to solve each challenge. Along the way you receive mentor feedback on your choices and have the opportunity to make better choices if necessary.
- **Study Modules.** In the left-hand navigation bar of MyLab for Education, you will also find a set of Study Modules. These interactive, application-oriented modules provide opportunities to learn foundational educational psychology concepts in ways other than reading about them. The modules present content through screen-capture videos that include animations, worked examples, and classroom videos. Each module consists of three parts. In the first part, begin with the Learn section that presents several key concepts and strategies. Then work through the problems in the Apply section. These will give you practice applying the concepts and principles to actual teaching and learning scenarios. The third part of each module is a multiple-choice test in the Assess section. This test includes higher-order questions that assess not only what you can remember about the module's content but also how well you can apply the concepts and strategies you've learned to real-life classroom situations.
- **Video Analysis Tool.** Our widely anticipated Video Analysis Tool is also available in the left-hand navigation bar of MyLab for Education. The Video Analysis Tool helps you build your skills in analyzing teaching. Exercises provide classroom videos and rubrics to scaffold your analysis. Timestamp and commenting tools allow you to easily annotate the video and connect your observation to educational psychology concepts you have learned in the text.

Additional Text Features

With an unswerving emphasis on educational psychology's practical relevance for teachers and students in classrooms, the text is replete with current issues and debates, examples, lesson segments, case studies, and practical ideas from experienced teachers.

Point/Counterpoint sections in each chapter present two perspectives on a controversial question related to the field; topics include debates on the kinds of research that should guide education (p. 48), brain-based education (pp. 70–71), the self-esteem movement (p. 135), pills or skills for students with ADHD (p. 179), the best way to teach English language learners (p. 231), should girls and boys be taught differently? (pp. 272–273), using rewards to encourage student learning (pp. 318–319), what's wrong with multitasking? (p. 335), teaching critical thinking and problem solving (p. 395), problem-based education (pp. 424–425), are "grittier" students more successful? (p. 470–471), the value of trying to make learning entertaining (p. 512), zero tolerance (p. 560), the Common Core standards (p. 586), and holding children back (p. 642).

Guidelines appear throughout each chapter, providing concrete applications of theories or principles discussed. See, for example, pages 80, 114, 119, 166, 183, 214, 227, 256, 302, 336, 360, 391, 436, 445, 465, 513, 543, 556, 590, 602, 636, and 644.

Guidelines: Family and Community Partnerships sections offer specific guidelines for involving all families in their children's learning—especially relevant now, when demand for parental involvement is at an all-time high and the need for cooperation between home and school is critical. See, for example, pages 112, 172, 229, 400, 528, 573, 597, and 651.

Teachers' Casebook sections present students with realistic classroom scenarios at the beginning of each chapter and ask "What Would You Do?"—giving students the opportunity to apply all the important topics of the chapter to these scenarios via application questions. Students may then compare their responses to those of veteran

teachers appearing at the end of each chapter. See, for example, pages 99, 203, 287, 406–407, and 533.

Reaching Every Student sections present ideas for assessing, teaching, and motivating ALL of the students in today's inclusive classrooms. See, for example, page 93.

Lessons for Teachers are succinct and usable principles for teaching based on the research. See, for example, page 507–508.

Put Yourself in Their Place experiences develop empathy by asking students to imagine how they would feel in different situations. See pages 225, 226, 260, 306, 379, 505, and 643.

Stop and Think activities give students firsthand experience with the concept being discussed, as on pages 246, 332, 337, 493, 498, 506, 539, 583, and 638.

SUPPLEMENTARY MATERIALS

Many supplements to the textbook are available to enhance readers' learning and development as teachers.

ONLINE INSTRUCTOR'S MANUAL. Available to instructors for download at http://www.pearsonglobaleditions.com/ is an *Instructor's Manual* with suggestions for learning activities, supplementary lectures, group activities, and additional media resources. These have been carefully selected to provide opportunities to support, enrich, and expand on what students read in the textbook.

ONLINE POWERPOINT® SLIDES. PowerPoint slides are available to instructors for download at http://www.pearsonglobaleditions.com/. These slides include key concept summarizations and other graphic aids to help students understand, organize, and remember core concepts and ideas.

ONLINE TEST BANK. The *Test Bank* that accompanies this text contains both multiple-choice and essay questions. Some items (lower-level questions) simply ask students to identify or explain concepts and principles they have learned. But many others (higher-level questions) ask students to apply those same concepts and principles to specific classroom situations—that is, to actual student behaviors and teaching strategies. The lower-level questions assess basic knowledge of educational psychology. But ultimately, it is the higher-level questions that can best assess students' ability to use principles of educational psychology in their own teaching practice.

TESTGEN®. TestGen is a powerful test generator available exclusively from Pearson Education publishers. Instructors install TestGen on a personal computer (Windows or Macintosh) and create their own tests for classroom testing and for other specialized delivery options, such as over a local area network or on the web. A test bank, which is also called a Test Item File (TIF), typically contains a large set of test items, organized by chapter and ready for your use in creating a test, based on the associated textbook material. Assessments—including equations, graphs, and scientific notation—can be created in either paper-and-pencil or online formats.

ACKNOWLEDGMENTS

During the years I have worked on this book, from initial draft to this most recent revision, many people have supported the project. Without their help, this text simply could not have been written.

Many educators contributed to this edition and previous editions. Ellen L. Usher (University of Kentucky) contributed her remarkable scholarship and delightful writing to revise Chapters 6 and 11. Carol Weinstein wrote the section in Chapter 13 on spaces for learning. Michael Yough (Purdue University) looked over several chapters including Chapter 5, "Language Development, Language Diversity, and Immigrant Education." Chapter 5 was also improved by suggestions from Alan Hirvela, The Ohio State University. Jerrell Cassady, Ball State University, provided invaluable guidance for Chapter 12, "Motivation in Learning and Teaching." The portraits of students in Chapters 1 and 6 were provided by Nancy Knapp (University of Georgia).

As I made decisions about how to revise this edition, I benefited from the ideas of colleagues around the country who took the time to complete surveys, answer my questions, and review chapters.

For their revision reviews, thanks to Karen Banks, George Mason University; Marcus Green, North Carolina State University; Cheryl Greenberg, University of North Carolina at Greensboro; Michelle Koussa, University of North Texas; Nicole Leach, Mississippi State University; and Lu Wang, Ball State University.

Many classroom teachers across the country and around the world contributed their experience, creativity, and expertise to the *Teachers' Casebook.* I have thoroughly enjoyed my association with these master teachers, and I am grateful for the perspective they brought to the book:

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On this edition, I was again privileged to work with an outstanding editorial group. Their intelligence, creativity, sound judgment, style, and enduring commitment to quality can be seen on every page of this text. Kevin Davis, Director and Publisher, guided the project from reviews to completion with the eye of an artist, the mind of a scholar, and the logistical capacity of a high-powered computer. He proved to be an excellent collaborator with a wise grasp of the field and a sense of the future. Casey Coriell, Editorial Assistant, kept everything running smoothly and kept my e-mail humming. On this edition I was fortunate to have the help of Kathy Smith. She carefully and expertly read and reread every page—and improved the writing and logic in every chapter. Her expertise and dedication set the standard for everyone in this project. Alicia Reilly was the outstanding developmental editor with the perfect combination of vast knowledge,

organizational ability, and creative thinking. The text features, *Teachers' Casebook*, and excellent pedagogical supports would not exist without her tireless efforts. Content and Media Producers Janelle Rogers, Lauren Carlson and Daniel Dwyer from Pearson and Gail Gottfried kept all aspects of the project moving forward with amazing skill, grace, and good humor. Somehow they brought sanity to what could have been chaos and fun to what might have been drudgery. Now the book is in the able hands of marketing managers Christopher Barry and Krista Clark. I can't wait to see what they are planning for me now! What a talented and creative group—I am honored to work with them all.

Finally, I want to thank my family and friends for their kindness and support during the long days and nights that I worked on this book. To my family, Marion, Bob, Eric, Suzie, Lizzie, Wayne K., Marie, Kelly, and the newest member, Amaya—you are amazing.

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—ANITA WOOLFOLK HOY

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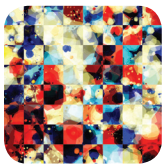

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chapter one

LEARNING, TEACHING, AND EDUCATIONAL PSYCHOLOGY

WHAT WOULD YOU DO?

TEACHERS' CASEBOOK: Leaving No Student Behind

It is your second year as a teacher in the Lincoln East school district. Over the last 4 years, the number of students from immigrant families has increased dramatically in your school. In your class, you have two students who speak Somali, one Hmong, one Farsi, and four Spanish speakers. Some of them know a little English, but many have very few words other than "OK." If there had been more students from each of the language groups, the district would have given your school additional resources and special programs in each language, providing you extra help, but there are not quite enough students speaking most of the languages to meet the requirements. In addition, you have several students with special needs; learning disabilities, particularly problems in reading, seem to be the most common. Your state and district require you to prepare *all* your students for the achievement tests in the spring, and the national emphasis is on readiness for college and career by the end of high school—*for everyone*. Your only possible extra resource is a student intern from the local college.

CRITICAL THINKING

- What would you do to help all your students to progress and prepare for the achievement tests?
- How would you make use of the intern so that both she and your students learn?
- How could you involve the families of your non-English-speaking students and students with learning disabilities to support their children's learning?